

## **Nebraska Counseling Associates**

"Kitty" Betty Aswegan, MA, LMHP, LADC, Director  
P.O. Box 1328  
Kearney, NE 68848-1328  
(308) 440-8054  
fax (308) 234-6604  
e-mail: moodre14all@yahoo.com

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### **SERVICES (Offered in Spanish and English)**

Individual Therapy  
Family Therapy  
Marital Therapy  
Alcohol & Drug Evaluations

### **KEARNEY OFFICE**

2701 Grand Ave. #98  
Kearney, NE 68847

### **LEXINGTON OFFICE (Saturdays)**

513 N. Grant St.  
Plum Creek Mall  
Suite 4B  
Lexington, NE 68850

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*Betty "Kitty" Aswegan, MA, LMHP, LADC is the provider of all services. She has been a psychotherapist since 1990, bilingual since 1994. She has been a Certified Alcohol & Drug Abuse Counselor (CADAC) turned Licensed Alcohol and Drug Abuse Counselor (LADC), and a licensed Mental Health Practitioner (LMHP) since 1994.*

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Lexington-Kearney-Grand Island

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### **ABOUT THE COUNSELOR**

"Kitty" Betty Aswegan, MA, LADC, LMHP has been a psychotherapist since 1990. She has been a Certified Alcohol and Drug Abuse Counselor (CADAC) turned Licensed Alcohol and Drug Abuse Counselor (LADC), and a Licensed Mental Health Practitioner (LMHP) since 1994. Kitty is bilingual, offering all services in English and Spanish.

Ms. Aswegan majored in Educational Psychology and earned her Bachelor of Arts Degree from the University of Nebraska-Lincoln in 1984. She returned to school and earned her Master of Arts degree in Counseling from the University of Nebraska-Lincoln in 1990.

Ms. Aswegan worked at Richard Young Hospital as a Chemical Dependency Counselor from 1990 to 1994, providing Intensive Outpatient Counseling, Residential Counseling, Evaluations, education, and family therapy.

Ms. Aswegan began private practice in 1994 and has since provided bilingual psychotherapy and addictions counseling in Lexington, Kearney and Grand Island. She works closely with the probation offices in Kearney, Grand Island, Hastings and Lexington, as well as other neighboring offices including Kansas. Kitty also works with many clients referred by schools, SAFE Centers and the Parent-Child Center in Lexington. She is equally experienced in working with both the victims and the perpetrators of abuse and neglect.

Ms. Aswegan is an approved Medicaid/Magellan provider and a preferred provider for most insurance companies. She has taken in many interns from the Master's Counseling program at the University of Nebraska at Kearney, offering training, supervision, practical experience and mentoring services, with occasional opportunities for employment.